

Creamy Cool Mango Dessert

Frozen Mango chunks

Coconut milk

The fruit for this needs to be pre frozen but then the final making of it needs to be done just before eating, it is very quick and easy. I have never measured any of the amount precisely so I can't give you that detail.

Place whatever amount of fruit equal to the amount of gelato you want to make to be eaten at the time into your food processor. Then add a little coconut milk, the amount is really so that it is enough to give it a slight creamy consistency.

And then buzz, the food processor until it looks smooth and like gelato.

You can also use pineapple that you have cut up and frozen.