

Rocket and Beetroot Salad

1.5 cups of rocket

½ medium fresh beetroot grated

3 marinated globe artichokes

3 slices of marinated eggplant

1 cup of fresh basil leaves

Place washed rocket into bowl, with grated beetroot. Pull apart and separate the globe artichoke leaves and place into bowl, tear the eggplant slices length ways into 3 pieces and place in bowl. Pull the basil leaves off stems and place in bowl. Toss the salad distributing the ingredients evenly. The oil from the marinated artichokes and eggplant will serve as a dressing.